



**WEDNESDAY**  
**APRIL 29, 2026**

**Heritage Woods**  
**Secondary**

**“WE ARE KODIAKS”**



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



CHECKING YOUR  
**SCHOOL EMAIL**  
**EVERYDAY**

Ensures YOU don't miss

**IMPORTANT**  
**INFORMATION!**



# My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

# FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



# STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



# Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.



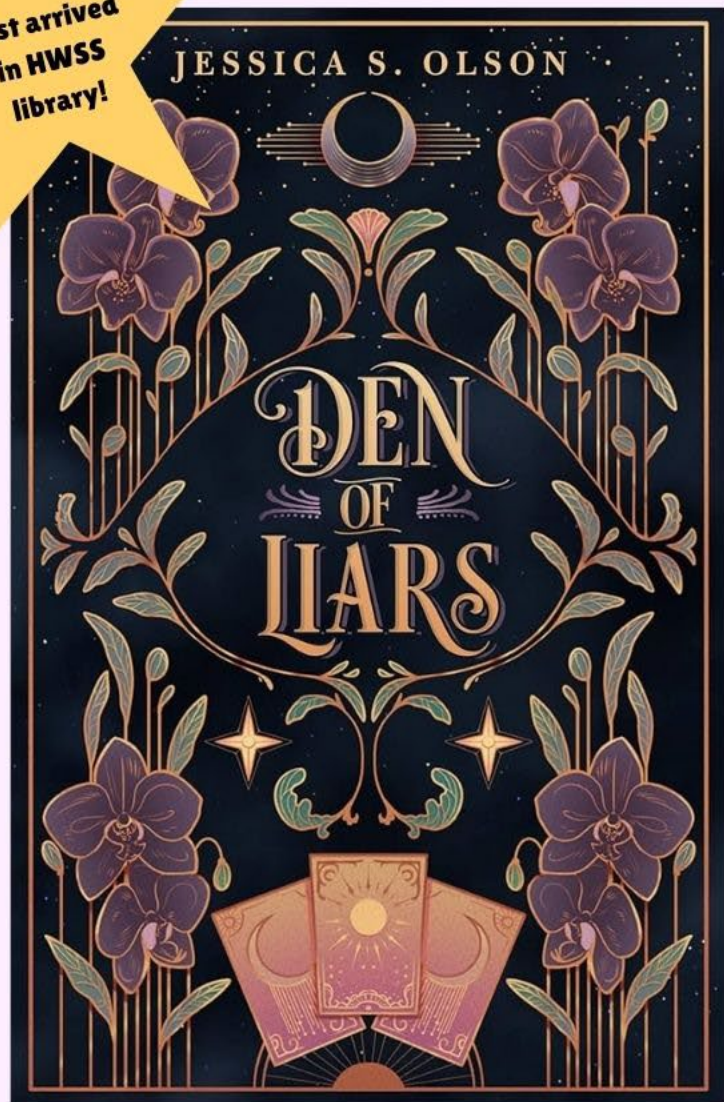
# Thank you for your cooperation!



**Please be respectful  
and refrain from  
parking in the  
handicap spots  
located at the back  
of the school.  
Unauthorized  
vehicles may be  
towed at the owner's  
expense.**



Just arrived  
in HWSS  
library!



# Den of Liars

## Jessica S. Olson

A young thief attempting a **daring casino heist** during a high-stakes tournament is **torn between two warring brothers**.

Lola St. James is the world's best kept secret. When her father's loss in the Liar's Dice Tournament—a **high-stakes competition where players are forced to gamble with their deepest secrets**—made her a target, she was rescued by the Thief, the notorious leader of the Tentacles. In the years that followed, she and the Thief formed a bond like no other, able to feel each other's emotions because of their shared heart.

When a critical heist goes sideways, the only way forward is for Lola to compete in the Liar's Dice Tournament herself. Lola is confident in her ability to pull off any heist, but the Thief's mysterious brother, the Liar, runs the game and he turns out to be more than she bargained for. She will be forced to confront the secrets of her past, the truth of the brothers' shared history, and the lies she tells herself.

There is a

**MANDATORY**

meeting at

Flex on

Thursday

Room 237

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**ATTENTION  
REQUIRED**

**DID YOU SELECT  
AP PSYCHOLOGY  
???????**

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# Hello!

Like meeting new people?

Want an excuse to meet someone  
new?

Pick up your “Hello Card”, say ‘hello’  
to someone, pass along the card, and  
possibly win a prize.

April 21st – May 1st

Pick up your “Hello Card” from Room  
314

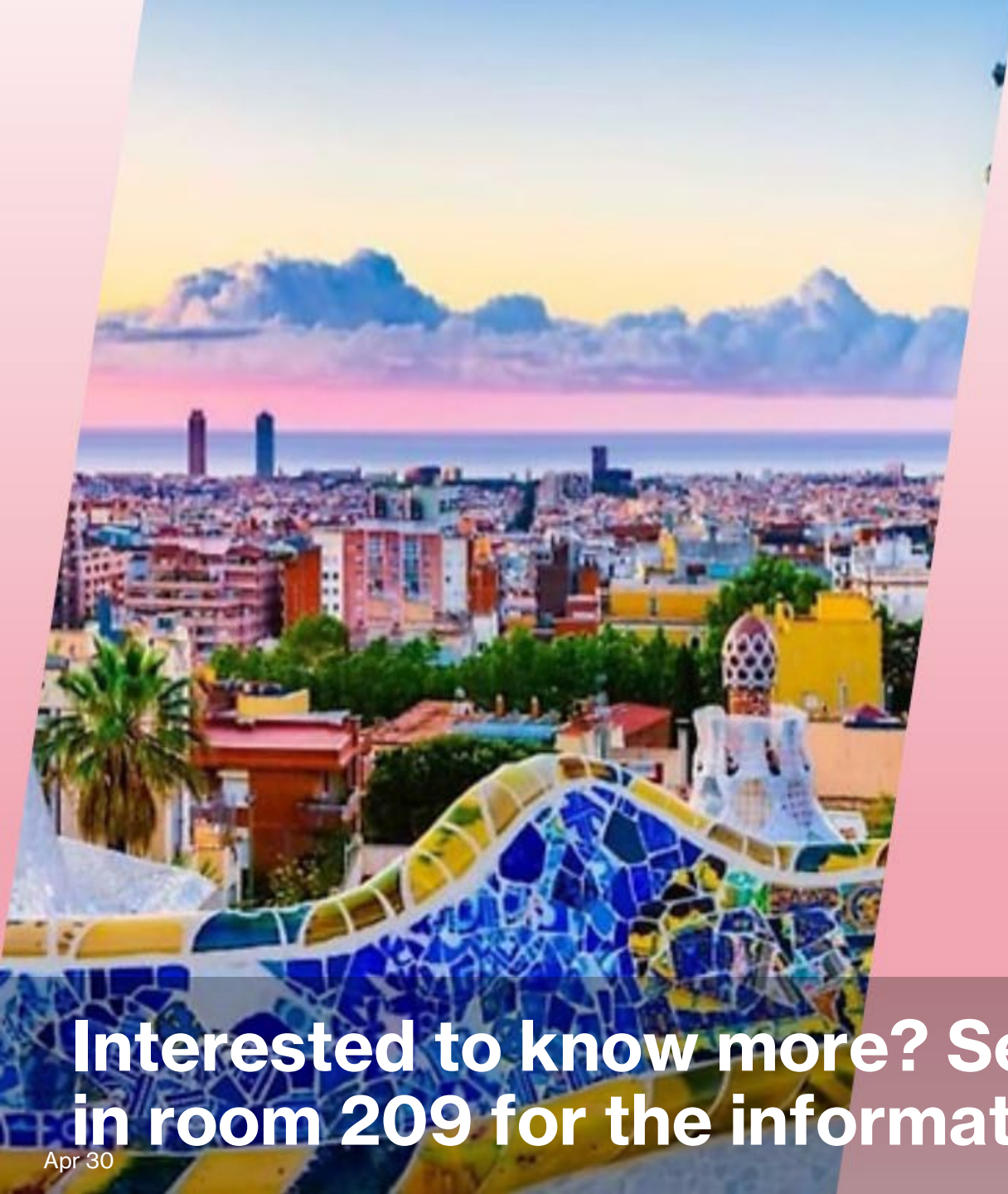
PLO – April 21-May 1



# CLC 11 FLEX MEETINGS

- **Mr. Aitken –Tues. April 21<sup>st</sup> - Room 240**
- **Mr. Baldus – TBA- watch for an email**
- **Ms. Jarvis – Wed. Apr. 29<sup>th</sup>– Theatre**
- **Ms. Kong – Wed. Apr. 29<sup>th</sup>- Library**
- **Mr. Luong – Wed. Apr.29<sup>th</sup> – Steam Room Library**
- **Ms. Lee –Tues. April 21<sup>st</sup> - Room 244**
- **Ms. Paisley –Tues. Apr. 28<sup>th</sup>– Room 232**
- **Ms. Ross –TBA Watch for an email**
- **Ms. Saloustros –Fri. May 1<sup>st</sup>- Theatre**
- **Mr. Smith –Thurs. Apr.30<sup>th</sup>– Room 213**
- **Ms. Wiebe –Tues. Apr.28<sup>th</sup>– Room 305**
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**\* If you can not make your CLC meeting please email your teacher.**



# **Europe Spring Break 2027**

**Switzerland and the  
Mediterranean**

**Interested to know more? See Ms. Pavan  
in room 209 for the information package.**

# OUR ITINERARY: MARCH 15-25TH



# GALAPAGOS TRIP

**SPRING BREAK 2027**

2027 called. It wants  
you in the Galapagos.



*Questions? Please see Ms. Kim in room 303 or send  
an email to [ekim@sd43.bc.ca](mailto:ekim@sd43.bc.ca)*

# CLUBS



## HOMWORK HELP:

WHEN: Everyday but  
Tuesdays

WHERE: Room 231  
(Resource room)

WHEN: 3:30–5PM

WHO: Gr 9–12

## CONTACTS:

Email –

[hwsoaptutor@gmail.com](mailto:hwsoaptutor@gmail.com)

Insta –

[@hwsoaptutoring](https://www.instagram.com/hwsoaptutoring)

Teams code – of98s6s

Society of Academic Philanthropists Club

BECOME A  
TUTOR!

BE A ONE-ON-ONE OR HW HELP TUTOR!

- ✓ Earn volunteer hours
- ✓ Gain teaching experience
- ✓ Contribute to school community
- ✓ Connect with like-minded people
- ✓ Build your resume

HWSS Pride Club's  
WORD OF THE WEEK

# Gay

Identifying as gay can mean that a person is **attracted to people of the same gender**. Being gay generally means that it is a man being attracted to men. The term **“gay”** can also be used as a very general term, or used as an umbrella **term**, to describe being in the **LGBTQIA2s+** community.

If you have any questions about the HWSS Pride Club, email us at [sstewart@sd43.bc.ca](mailto:sstewart@sd43.bc.ca)

# CAREER CENTER



Emily Carr University of Art + Design (ECU), in partnership with Surrey Schools, the Vancouver School Board, and School District No. 43 (Coquitlam), is proud to support the next generation of artists and designers as they begin their journey to post-secondary education. Through the Head Start in Art dual credit pathway, selected high school students have the opportunity to take a first-year university course at ECU. While still in high school, students can earn both university credit toward an undergraduate degree and high school credit toward graduation, gaining early exposure to the creative learning environment at ECU.

### WHO IS THIS PROGRAM FOR?

The Head Start in Art program is for students who:

- Are currently in grade 11 or 12 or are recent graduates from the secondary schools in the following school districts: Surrey Schools, Coquitlam School District, Vancouver School Board
- Are considering post-secondary studies in visual art, media art or design.
- Want to get a jumpstart on their post-secondary education and earn **dual credit** before officially beginning undergraduate studies.

The course will particularly benefit students developing a portfolio for admission to post-secondary programs.

### COURSE DETAILS

Foundation 108 – Creative Processes (3 credits)

**Dates:** Fall Semester 2026  
**Day + Time:** Saturdays, 9:30am - noon  
**Location:** Emily Carr University

In this course, students will:

- Be introduced to the methods, materials, and concepts of drawing as a visual language and as a tool for enhancing perceptual awareness.
- Begin to acquire the skills to translate immediate observation and ideas into two-dimensional form while investigating processes and developing a critical vocabulary.
- Gain hands-on experience with in-class projects and assignments encompassing various aspects of drawing.
- Explore contemporary and historical art and design ideas through visual presentations and class discussions in a supportive, inclusive environment.

Space is limited.

### ADMISSION REQUIREMENTS

As this is a **university-level course**, students must meet all the following ECU academic admission requirements:

- English 11 or 12 (minimum "C" grade)
- Two other grade 11 or 12 academic courses
- Two grade 11 or 12 electives (Visual Art 11 or 12 recommended)
- Overall grade point average of 2.5 ("C+" or 67%)

### APPLICATIONS

In order for your application to be complete, you must submit the following:

- An Application Form (signed)
- Diploma Verification Form OR transcript of grades  
*Note: Students may apply having only completed English 11; however, English 12 and Grade 12 academic and elective classes are the final requirements for future admission to Emily Carr University.*
- A Recommendation Letter from your home school's art teacher (or equivalent)
- Consent form (signed)

Applicant materials must be submitted to the appropriate Career Department at each school district.

Application forms are available through the high school Career Center or on the School District's websites.

### TUITION AND FEES

Tuition for the course is paid by the school district. Students are responsible for the Head Start program fee, which includes the capital refresh, technology, materials and learning access fees. For a full breakdown of ECU mandatory fees, please visit: <https://ecuad.ca/tuition-fees-undergrad>

**Tuition: \$471.06**  
**Head Start program fee: \$195.51**

This program is open to domestic (Canadian) students only.

For application visit career  
centre website or email  
[bking@sd43.bc.ca](mailto:bking@sd43.bc.ca)  
If interested let Mr. King know  
before May 08 so he knows  
numbers. Email Mr. King if  
you have questions.

# \*\*NEW\*\* Dual credit Nursing Prep Program

## Interested students email [bking@sd43.bc.ca](mailto:bking@sd43.bc.ca) ASAP

### SD43 DUAL CREDIT NURSING PREP PROGRAM



SD43 is offering a **Dual Credit NURSING PREP PROGRAM** in partnership with Kwantlen Polytechnic University commencing **September 2026**.

**Dual Credit** allows students to take post-secondary courses while still in high school. For every course taken, the student receives both the high school credit and the post-secondary credit. It's a **2 for 1!** All Dual Credit courses are **tuition free!**

To qualify for Dual Credit, students must be:

- registered and currently attending a school in the Coquitlam School District.
- Be 18 or younger on June 30 of application year.
- have not graduated from high school before starting the program.
- in a position to graduate from high school June 2027.
- Canadian citizen or permanent resident.

#### Here's how it works

Students who register in the Dual Credit program will become part of a cohort on a special semester schedule.

#### SD43/KPU Nursing Prep Schedule

(NOTE: classes at KPU run during spring break and on pro-d days)

<b>Fall Semester</b> (September to January) @Home school <ul style="list-style-type: none"> <li>➢ English 12</li> <li>➢ Anatomy and Physiology 12</li> <li>➢ CLC/Capstone</li> <li>➢ Psychology 12 (or other elective if not available at home school)</li> </ul>	<b>Winter Semester</b> (February to April) @KPU Langley <ul style="list-style-type: none"> <li>➢ Biology 1150 (Anatomy and Physiology I)</li> <li>➢ Psychology 1100 (Intro to Psych: Basic Processes)</li> </ul>
<b>Spring Semester</b> (May to July) @KPU Langley <ul style="list-style-type: none"> <li>➢ Biology 1250 (Anatomy and Physiology II)</li> <li>➢ English 1100 (Intro to University Writing)</li> </ul>	<b>Optional Spring 2026 course</b> (May to July) @KPU Langley or virtual synchronous after school <ul style="list-style-type: none"> <li>➢ Health Science 1115 (Intro to Health Science)</li> </ul>

**Note:** all above Dual Credit KPU courses are tuition free and transferable to other post-secondary institutions in British Columbia. For each KPU course completed, students will also receive 4 grade 12 credits towards graduation.

Dual Credit students would need to complete another 18 credits beginning as soon as September 2027, and could apply for the Spring 2028 Bachelor of Science in Nursing intake\*\*

#### What do I need to apply to Dual Credit Nursing Prep?

- ✓ successful completion of Grade 11
- ✓ B or better in Chemistry 11
- ✓ B or better in Life Science 11
- ✓ C+ or better in Language Arts 11
- ✓ Good attendance
- ✓ Strong communication skills: speaking and listening

#### Application Procedure

- ✓ Have a discussion with your Career Facilitator and parent/guardian to ensure program meets your needs.
- ✓ Email Benjamin King ([bking@sd43.bc.ca](mailto:bking@sd43.bc.ca)) to obtain an application package.
- ✓ Submit the application form, resume and teacher recommendation electronically to Ben King ([Bking@sd43.bc.ca](mailto:Bking@sd43.bc.ca)) prior to agreed upon due date.
- ✓ Submit the hard copy of all documents to the Career Centre.
- ✓ If short-listed, attend an interview with the Principal of Career and Trades.
- ✓ **NOTE: Admission to this program is competitive.**

#### Staying on track

- ✓ Students who are accepted into the Dual Credit program must maintain good academic standing and attendance.
- ✓ Those students who fall below KPU Nursing Prep admission requirements for English 12 and Anatomy and Physiology 12 will be withdrawn from Dual Credit program.

**For Inquiries or an application package please contact:  
Benjamin King, Principal Careers, Trades, and Transitions SD43 ([bking@sd43.bc.ca](mailto:bking@sd43.bc.ca))**

\*\*To find out more about the full KPU Bachelor of Science in Nursing, visit:

<https://calendar.kpu.ca/programs-az/health/nursing/nursing-bsn/>



# CAREER PATHWAYS WEBINAR: EXPLORING REGISTERED NURSING



**APRIL 29, 2026**  
**5:00 PM - 6:00 PM**

Online via Zoom

Join our engaging online webinar designed for students and parents to learn about the journey to becoming a Registered Nurse (RN) in B.C. Scan the QR code to register!

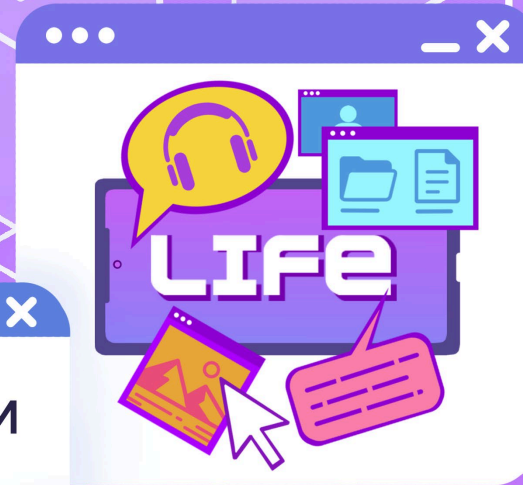
PRESENTED BY S.U.C.C.E.S.S. YOUTH ADVISORY COMMITTEE (YAC)



# COMMUNITY



# UPCOMING HACKATHON YOUR LIFE



Date:  
May 30-31, 9AM-6PM  
Location:  
BCIT Burnaby Campus  
SW1 Building

Register Now!



- \$200+ worth of prizes
- Learn and connect with other students and professionals from Greater Vancouver

Early Registration Fee: \$10.00  
Only until April 30th, 11:59PM  
Food and Snacks Provided!



For  
grades  
6-12

## FREE! 3-on-3 Basketball Tournament for Youth

Join us for a 3-on-3 Basketball Tournament! Teams register by division: grades 6-9 or 10-12. Winning teams earn prizes, and a free BBQ for all participants and spectators.

**Fri, May 1 | 6-10pm**  
Recreation Complex, Gymnasium



\*Spots are limited, pre-registration is required. Visit front desk, phone **604.469.4556**, or go to **[portmoody.ca/signmeup](http://portmoody.ca/signmeup)** to register NOW!

# Anmore

COMMUNITY MARKET



**We are looking for some amazing youth volunteers to make our market another success this year!**

**Also, we are in special need of some artistic folks that might be willing to try their hand at face painting or stenciling? We are happy to purchase the supplies!**

**Anmore Community Market @ Anmore HUB**

**May 9th, 2026 from 10 to 3pm.**

**Youth Volunteer form:**

**<https://forms.gle/2jkHtxDLZas8BheUA>**